



# Metro Vancouver Regional Parks and Trans Canada Trail Challenge Event



Sunday, June 3, 2012



**Cyclists – Walkers – Runners – Equestrians – Wheelchair Accessible – Inline Skaters -- Strollers**

Join us for this fun oriented **non-competitive personally challenging event with accessibility offerings** Celebrating **International Trails Day, Experience the Fraser Project, Trans Canada Trail 20<sup>th</sup> Anniversary** and the start of **Bike Month** via our fabulous **Regional Parks and Greenways**

All proceeds go towards trail construction/maintenance of trails.

**Pre-registration by May 23 is necessary to allow for bus/truck shuttle plans.**

<p><b>To Register</b></p> <p>Register and Pay Online here</p> <p><b>Starting March 1</b></p> <p><b>Come back to this web link to register.</b></p>	<ul style="list-style-type: none"> <li>• Cyclists: \$35 per person or \$65 for families of 2 to 4 people (maximum 2 adults and 2 children under 19)</li> <li>• Walkers/Runners: \$25 per person or \$45 for families 2 to 4 people (max. 2 adults and 2 children under 19)</li> <li>• Equestrians, Wheelchair Riders and Inline Skaters please see below.</li> </ul> <p>The event will have a limited number of participants. <b>Register early</b> to not be disappointed. <b>A late registration fee will be applied after May 23.</b></p> <p><b>A liability waiver is part of the registration and must be signed by each registrant.</b></p>
<p><b>Mail-in Registrations</b></p>	<p>Information will be available by <b>March 1, 2012</b>. <b>Come back to this webpage then.</b></p>
<p><b>Check-in time and place</b></p> <p><b>Check Points</b></p>	<p><b>7:00 to 8:30 a.m. at Fort Langley National Historic Site.</b> Send-off instructions at 8:30 a.m. Be on time to not miss your shuttle.</p> <p><b>Note: Those doing the 83-100 km cycle will be picked up at Tynehead Park at 7:30 a.m.</b> to be taken to Fort Langley.</p> <p><b>Eight Check points:</b> Derby Reach Regional Park, Golden Ears Bridge (southside), Harris Landing, Pitt River Bridge (eastside), Colony Farm Regional Park, Minnekhada Regional Park, Tynehead Regional Park, and Fort Langley National Site of Canada</p>
<p><b>OPTIONS for cyclists, walkers and runners</b></p> <p><b>Click on each option for a route map of that option</b></p>	<p><b><u>Cyclists – 83-100k route – a ‘Century’ Distance Ride</u></b> (up to 5 regional parks) (6-9 hrs)</p> <ul style="list-style-type: none"> <li>• Park and be picked up at <b>Tynehead Regional Park at 7:30 a.m.</b></li> <li>• Shuttle to the start at Fort Langley and finish at Tynehead Regional Park</li> <li>• Can choose to drop Minnekhada Regional Park (-9k), and /or Brae Island Regional Park (-5k), and/or Colony Farm Regional Park Loop (-3k)</li> </ul> <p><b>The following will meet at Fort Langley National Historic Site to be shuttled to their starting point:</b></p> <p><b><u>Cyclists – 47-61k route</u></b> (up to 4 regional parks) (4 to 6 hrs)</p> <ul style="list-style-type: none"> <li>• Start at Colony Farm and finish at Fort Langley</li> <li>• May choose to drop Minnekhada Regional Park (-9k), and /or Brae Is. Regional Park (-5k)</li> </ul> <p><b><u>Cyclists and Runners - 40-45k route</u></b> (up to 3 regional parks) (3 to 5 hrs)</p> <ul style="list-style-type: none"> <li>• Start at Minnekhada Regional Park and finish at Fort Langley National Historic Site.</li> <li>• May choose to drop Brae Is. Regional Park (-5k) and/or Houston Trail (+4.4k)</li> </ul> <p><b><u>Walkers and Runners – 18-23k route</u></b> (up to 2 regional parks) (2 to 5 hrs)</p> <ul style="list-style-type: none"> <li>• Start at Harris Landing on the Pitt River Greenway and finish at Fort Langley National Historic Site</li> <li>• May choose to drop Brae Island (-5k) and/or Houston Trail (+4.4k)</li> </ul> <p><b><u>Walkers and Runners – 10-15k route</u></b> (up to 2 regional parks) (1 to 4 hrs)</p> <ul style="list-style-type: none"> <li>• Start at 208<sup>th</sup> St and finish at Fort Langley</li> <li>• May choose to drop Brae Island Regional Park (-5k) and/or Houston Trail (+4.4k)</li> </ul> <p><b><u>Walkers and Runners – 7-12k route</u></b> (up to two regional parks) (1 to 3 hrs)</p>

	<ul style="list-style-type: none"> <li>Start at Edgewaer Bar, Derby Reach Regional Park and finish at Fort Langley Historic site</li> <li>May choose to drop Brae Island Regional Park (-5k) and/or Houston Trail (+4.4k)</li> </ul>
<p><b>OPTIONS for Equestrians</b></p> <p>Click on options for a route map</p>	<p><b>Note: equestrians will arrange their own shuttles or double back from Pitt River Bridge for a 26-km ride.</b></p> <p>Equestrians</p> <ul style="list-style-type: none"> <li><a href="#">Maple Ridge Equestrian Riding Center – Pitt River Bridge ( 13-km) - Minnekhadha (26-km)</a></li> <li>Registration for equestrians is \$20 per horse/mule</li> </ul>
<p><b>OPTIONS for Wheelchair Riders and short walks in a chosen park. Inline Skaters at Tynehead.</b></p>	<p><b>Show up and Sign-in at one of the following Regional Parks between 9:00 am to 4:00 pm:</b> Tynehead, Colony Farm, Derby Reach, Minnekhada, Braie Island Regional Parks</p> <ul style="list-style-type: none"> <li>See links below for Regional Park maps. .</li> <li><b>By donation only - \$10 or more for a Charity Receipt.</b></li> <li><b>Inline Skaters at Tynehead Regional Park only</b></li> </ul>
<p><b>Features</b></p>	<ul style="list-style-type: none"> <li><b>Five Regional Parks:</b> Colony Farm, Minnekhada, Tynehead, Derby Reach, and Brae Island)</li> <li><b>Six Greenways Trails:</b> Fort-to-Fort, Golden Ears Way, Pitt River, South Alouette River, PoCo Traboulay, DeBoville Slough</li> <li><b>Six important waterways:</b> Coquitlam R., Hyde Creek, Pitt R., Alouette R., Fraser R., and Salmon R.</li> </ul>
<p><b>Benefits</b></p>	<ul style="list-style-type: none"> <li>Trail guide and mapping information</li> <li>Unique non-competitive, personally challenging fun event</li> <li>Shuttle services including bicycles</li> </ul>
<p><b>Accommodation for those out of town staying overnight.</b></p>	<p>To be near to the meeting points of the event, it is suggested to find accommodation in the Fort Langley and Walnut Grove area of the Township of Langley. Most of this accommodation can found along 88th Ave. in Walnut Grove.</p>
<p><b>For more Information</b></p>	<p>Trails BC – <a href="http://www.trailsbc.ca">www.trailsbc.ca</a>; E-Mail: <a href="mailto:southwest@trailsbc.ca">southwest@trailsbc.ca</a>; Phone: 604-942-6768, 604-737-3188 and/or</p> <p>Metro Vancouver Planning, Environment and Planning staff liason <a href="mailto:kevin.dack@metrovancover.org">kevin.dack@metrovancover.org</a> Phone: 778-886-7405 or 604-432-6360</p>

Photo Preview – [Click here](#)

Go to the following links for information including park maps and some with a video about each park and greenway on the event list:

- [Brae Island Regional Park](#)
- [Derby Reach Regional Park](#)
- [Colony Farm Regional Park](#)
- [Minnekhada Regional Park](#)
- [Tynehead Regional Park](#)
- [Regional Greenways \(Look for Pitt River Regional Greenway\) --- Harris Landing --More](#)
- [Traboulay PoCo Trail \(virtual tours of boardwalk, Colony Farm, Gates Park, Lions Park\)](#)
- [Alouette River Greenway](#)

**Please note: We reserve the right to make changes to this event.** More options may become available such as walks and runs by donation in all the parks involved. We are also looking into the possibility of offering bike rentals.