



Trans Canada Trail Challenge 2009
Golden Ears Bridge
From Rocky Pt Port Moody to Fort Langley
Sunday, October 4
10th Edition

A great way to experience the TCT
By cycling, walking, or running
Up to 50 km on a River Featured Course
In a non-competitive personally challenging event.



with the local communities, organizations, and its volunteers are pleased to invite you to a fun oriented, non-competitive, and personally challenging event.

River Trail Experience Celebrating
The new Pitt River and Golden Ears Bridges
and
Rivers Day (one week later)

Featuring the Hoy and Hyde Creeks, and the Coquitlam, Pitt and Fraser Rivers.

For more information and route guide:

[Route Guide](#) [Photos on Facebook](#) [Route Map](#)

REGISTER EARLY -- Limited number of participants

All proceeds will go towards trail construction on the Trans Canada Trail.

Event Supporters and Sponsors

Township of Langley
City of Pitt Meadows
City of Port Coquitlam
City of Coquitlam
City of Port Moody
Metro Vancouver Regional District
Fort Langley National Historic Site
Runners Den



**Backroad
Mapbooks**

[Backroads Maps](#)

BC's Trans Canada Trail -- Experience It!

For additional Information: e-mail southwest@trailsbc.ca Phone 604-942-6768

Please contact us if you wish to volunteer