



Metro Trail Loop Cycle Challenges 2010 Five Golden Rings

We have reached our limit and the final date has passed - Registration is closed. The information is below if you would like to try this on your own.

A non-competitive personally challenging event

We, as volunteers, are pleased to invite you to a fun oriented, non-competitive, and personally challenging event.

- Benefits**
- Trail guide and map
 - Non-competitive, personally challenging fun Activity
 - Guided support
 - Great trail route experience
 - Opportunity to find out about routing that you may want to show your family/friends
 - Trails BC membership with charity receipt

Metro Trail Loop Cycle Challenges being offered (on Sundays):

- [Challenge 1 \(Map\)](#) : Richmond/Queensborough/S. Burnaby/S. Vancouver - 61.5k **May 9**
- [Challenge 2 \(Map\)](#) : N. Burnaby/City of Vancouver - 60k or 56k (easier) **May 30**
- [Challenge 3 \(Map\)](#): S. Burnaby/ S. Vancouver/ Point Grey/ BC Parkway - 60k **Jun 13**
- [Challenge 4 \(Map\)](#): Delta/W. Surrey - 67k **Aug 8**
- [Challenge 5 \(Map\)](#): TriCities/ E. Burnaby - 58k **Aug 22**

- Purpose**
- Get participants on the trail faster by eliminating the need for shuttles.
 - Non-competitive and self-challenging.
 - Entertaining, more guided (relatively small group), educational, and perhaps more engaging. It becomes more of a group activity than an individual one.
 - Encourage people to become physically active in this kind of healthy outdoor endeavour.
 - Participants will be given the opportunity to register for more than one event.
 - Cater to cyclists only for this round with a view of doing the same thing for walkers and perhaps equestrians separately even if they may use parts of the same trails.
 - While we are not limited by the Trans Canada Trail for these challenges, it may give incentive to try it out with a view of taking more extended bike trips.
 - Increase Trails BC Membership as it becomes more activity oriented -- not just trail building and maintenance. Has for its goal to recruit members, leaders and get people interested in trail oriented non-motorized outdoor pursuits.
 - Encourage participants to guide other family members and friends on these sensational cycle routes that exist in the Metro Vancouver Region.

REGISTER EARLY -- Limited number of participants

All proceeds will go towards trail construction on the Trans Canada Trail.